



ELEMENTS

BRUNCH MENU

(SERVED 10AM - 12PM)

SMOKED SALMON EGGS FLORENTINE

Sliced smoked salmon, toasted English muffin,
cooked spinach, poached eggs, Hollandaise sauce
£16.00

SOYA MILK PORRIDGE

Berry compote, honey
£9.00

MUSHROOM FRICASSEE

Pan fried shitake, oyster & chestnut
mushrooms, dried Parma ham, shaved
parmesan, rocket salad
£13.50

SEASONAL FRUIT SALAD

Orange & mint syrup
£10.00

BRIOCHE FRENCH TOAST

Streaky bacon, apple & berry compote, mascarpone, maple syrup
£13.50

LUNCH

(SERVED 12PM - 6PM)

SOUP SOUP OF THE DAY

Baguette, butter
£9.00

PHO

OYSTER & SHITAKE MUSHROOM, PAK-CHOI, SPINACH, CHILLI
OIL, LEMON GRASS BROTH, RICE NOODLE

CHOOSE FROM:

BRAISED BEEF BRISKET

£23.00

CURED TOFU

£21.00

SOY-GLAZED TIGER PRAWNS

£23.00

SALADS

CHICKEN CAESAR SALAD

Torn chicken, baby gem, croutons, Kalamata
olives, Caesar dressing, shaved parmesan
Small £13.50 | Large £23.50

CRUNCHY ASIAN SALAD (CHICKEN OR TOFU)

Rice noodle, red & white cabbage, carrot,
coriander, sesame dressing, toasted peanuts
Small £13.50 | Large £23.50

SUPER GREEN SALAD

Avocado, asparagus, green beans, spinach
leaves, green onion, watercress, pistachios,
lime dressing
Small £13.50 | Large £23.50

GOAT'S CHEESE. HONEY & WALNUT CROSTINI

Baked goat's cheese, sourdough bread, candy
walnut, dried Parma ham, onion jam, watercress,
rocket, shallots, balsamic olive oil dressing
Small £13.50 | Large £23.50

Please inform your server of any allergies or dietary requirements. Careful precautions are taken when preparing dishes, however, the risk for cross contamination is always present. Vegetable oil used has been produced from genetically modified sources.

10% discretionary service charge on tables of 6 or more people

MAINS

SRI LANKAN CREAMY RED CURRY

Red curry, coconut milk, butternut squash, pak-
choi, green beans, spinach, toasted cashew nuts,
basmati rice
£23.00

HOMEMADE PORK & LEEK SAUSAGE ROLL

Mixed salad, apple ketchup, red sauce
£13.00

CLASSIC CREAMY SEAFOOD CHOWDER

Scallops, prawns, cod fillet, smoked salmon, bacon,
leeks, celery, carrot, potatoes, creamy white sauce,
toasted bread
£19.50

PIE OF THE DAY

Served with a choice of side
£21.50

PANINIS

(SERVED WITH COLESLAW, SIDE SALAD,
TORTILLA CRISP)

SMOKED STREAKY BACON, BRIE, ONION JAM

£15.00

BAKED HAM, MATURE CHEDDAR CHEESE

£15.00

CHICKEN BREAST, BASIL PESTO, MOZZARELLA CHEESE

£15.00

CURED TOFU, FLAT MUSHROOM, ASIAN SLAW, CHILLI OIL

£15.00

SIDES

ROAST GARLIC & THYME BABY POTATOES

£6.75

MIXED SEASONAL SALAD

£7.75

SEASONAL GREEN VEGETABLE OF THE DAY

£7.75

BASMATI RICE

£6.75

SWEET TREATS

SELECTION OF SCONES DESSERTS & PASTRIES
(SEE DISPLAY CABINET)

FRUIT & PLAIN SCONES

Served with jam, butter, whipped cream
£7.00

DRIED FRUITS FLAPJACK

£6.50

DESSERT OF THE DAY

£9.50

HOMEMADE BROWNIE

Rich chocolate sauce, whipped cream or
vanilla ice cream
£9.50

COOKIES

£6.50

MUFFIN

£5.50

FOR YOUR WELLBEING WHILST AVAILING OF THE SPA FACILITIES, MANAGEMENT
RESERVES THE RIGHT TO STOP SERVING ALCOHOL TO ANY GUEST WHO MAY BE VISIBLY
UNDER THE INFLUENCE OF ALCOHOL. ALCOHOL THAT IS PURCHASED IN THE THERMAL
VILLAGE MAY ONLY BE CONSUMED IN THIS AREA.