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EST. 1994

## TEACH de BROC

COUNTRY HOUSE



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## BREAKFAST MENU



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# TEACH de BROC

COUNTRY HOUSE



## Welcome

A good breakfast can really set you off on the right foot. Here at Teach de Broc it's not just about eating something, it's an occasion for celebrating the day.

Whether you are teeing off, practicing on the range, walk the dunes to the long strand or simply need a bit of peace and quiet, our dining room is the perfect place to begin your day.

Our breakfast menu features dishes that are fresh, nutritious and some that are simply delicious - the best ingredients cooked with care by our expert chefs who want you to have an exceptional morning.

### BREAKFAST HOURS

Monday to Friday 7.00am - 12.30pm

Saturday and Sunday 8.30am - 12.30pm

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#### BIRCHER MUESLI €6

Apple, low fat yoghurt (G, MK)

#### ORGANIC GRANOLA €6

Berries, low fat yoghurt (G, MK)

#### IRISH OATMEAL €6

Honey, fresh cream (G, MK)

#### TRADITIONAL BREAKFAST €12.50

Bacon, egg, sausage, pudding, tomato, mushrooms, sourdough (G, N, MK, E)

#### BREAKFAST BLINI €12.50

Smoked salmon, cream cheese, miniature savoury pancakes (G, F, MK, E)

#### CHEF'S OMELETTE €12.50

Ham, mushroom, onion, tomato, peppers, cheese, sourdough (E)

#### EGGS BENEDICT €12.50

Poached eggs, bacon, hollandaise (G, E)

#### PANCAKES €10.00

Powdered sugar, maple syrup, bacon or berries (G, MK, E)

#### FRENCH TOAST €10.00

Powdered sugar, maple syrup, bacon or berries (G, MK, E)

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### FROM THE BAR

Americano €3.00

Espresso €3.00

Cappuccino €3.50

Flat White €3.50

Latte €3.50

Orange Juice €3.00

Mimosa €12.00

Bloody Mary €12.00

Mulligan €12.00

### ALLERGEN INFORMATION

GLUTEN = G, CRUSTACEANS = C, EGGS = E, FISH = F, MOLLUSCS = M, SOYBEANS = S, PEANUTS = P, NUTS = N, MILK = MK, CELERY = CY, MUSTARD = MD, SESAME SEEDS = SS, SULPHITES = SP, LUPIN = L