

BREAKFAST SERVED UNTIL 12PM

Full Old Barracks Breakfast

2 Rashers, Sausages, Kellys Black & White Pudding, Sautéed Potato, Beans, Tomato & Fried Egg with Homemade Guinness Bread & Tea or Coffee
€11.50 (E, G, Su, So)

Old Barracks Mini Fry

2 Sausages, Rasher, White Pudding, Sautéed Potato & Fried Egg with Homemade Guinness Bread & Tea or Coffee
€10.00 (E, G, Su, So)

Grilled Spring Onion & Black Pudding Potato Cake

Kellys Black Pudding, Maple Cured Bacon, Poached Egg with Red Onion Jam
€9.50 (G, E, Su, So)

Veggie Grilled Spring Onion Potato Cake

With Portobello Mushroom, Grilled Tomato, Sautéed Spinach, Kellys Veggie White Pudding, Poached Egg & Ballymaloe Relish with Tea or Coffee
€10.95 (Cel, Mu, So, E, G, M)

Scrambled Eggs & Bacon

served with house Relish & toasted Rustic Bread
€7.95 (E, G, M)

Homemade Granola

with Honeyed Oats, toasted Seeds, Nuts, dried Fruits served with Mascarpone & Berry compote
€6.50 (G, Se, N, M)

American Style Pancakes or Belgian Style Waffles

Nutella & Marshmallows
€7.50 (E, M, G)
Creamy Mascarpone & Summer Berry Compote
€8.50 (E, M, G,)
Crispy Bacon & Maple Syrup
€8.50 (E, M, G)
Whipped Cream & Strawberries
€8.50 (E, M, G)

Fruit/Berry Scones

Served with Butter, Follain Jam & Cream
€2.50 (G, E, M, N, Se)

Croissant/Pastries/Danish

Baked daily
€2.50

STARTERS

Soup of the Day.....**€5.50**
Hearty homemade Soup with Guinness Brown Bread (G, E, M, Cel, N)

Thai Style Fish Cake**€9.95**
Served with a crisp side Salad, Sweet Chilli sauce & Lime wedge (G, F, Su)

Homemade Spring Roll

Choose from:
Asian Spiced Veggies, Egg Noodles & Harveys sweet Chilli Jam (V) (G, E, Su) **€6.50**

Shredded Duck, Egg Noodles, crisp Veg with a Sesame, Soy & Sweet chilli Dip (G, E, Su) **€7.50**

Tempura of Tiger Prawns.....**€8.50**
Tiger Prawns in a light crisp batter served with a Crisp Salad & spiced Mango Chutney Mayo (F, G)

SALADS

Homemade Crunchy Falafel Salad (V).....**€11.95**
with roasted Red Pepper Hummus, Beetroot, Sun dried Tomatoes, crisp mixed Salad & balsalmic reduction served with toasted flatbreads (G, Se, Su)

Healthy Warm Lemon Chicken Salad**€11.95**
Grilled Lemon & Rosemary Chicken Fillet on a tossed Salad with roasted Sweet Potato, creamy Greek Feta, toasted cashews & mixed seeds topped with a Honey & Mustard dressing (M, N, Se, Mu)

Pistachio Crusted Goats Cheese Salad (V).....**€11.95**
Warm crusted Goats Cheese bon bons with dressed Salad, roasted Beetroot, Pear, Red Onion Jam & toasted Seeds (N, G, Se)

GOURMET SANDWICHES

Old Barracks Angus Steak Sandwich.....**€14.50**
Tender Sirloin Steak served on a toasted Sourdough with roasted Garlic & black Pepper Mayo, Cheese, crispy Onion rings & skinny Fries (G,F,M,E)

BBQ Pulled Pork Bap.....**€11.00**
served with House pickled Red Cabbage, Crisp leaves, roasted Garlic Mayo & house skinny Fries (G,E)

Crunchy Falafel Wrap (V).....**€11.00**
Homemade Falafels, Fresh Beetroot, Cherry Tomato, Chipotle Mayo, baby Leaves & Pickled Onion served with Sweet Potato Fries (G)

Bacon & Brie Melt.....**€11.00**
Crisp Bacon, Brie & Sun Dried Tomato Pesto, toasted on Soho Sourdough Bread served with Skinny Fries (G)



MAINS

Traditional Roast of the Day
Always locally sourced & served with creamy Mash, seasonal Vegetables & our famous Gravy
€14.50

Old Barracks Pasta of the Day
Inspired by the season, topped with hand shaved Parmesan. Served with a Garlic & Herb toastie
€13.50

Big Bacon Burger
Local Angus Beef patty on a sourdough bap with grilled Bacon, melted Cheddar, Lettuce, pickled Onion, Tomato, our secret sauce & Skinny Fries
€14.50 (G, M, E)

Buttermilk Chicken Burger
Cajun spiced buttermilk Chicken Breast on a sourdough bap with Lettuce, chipotle Mayo & skinny Fries
€13.50 (G, E, M, Su)

Galway Camogie Chicken Curry
Our famous Chicken, Coconut, Spinach & Chickpea Curry served with Basmati Rice, Mango Chutney & crisp Poppadum
€13.50 (Su, G)

Onion Bhaji Burger (V)
House Battered Onion Bhaji Patty with crisp Cos Lettuce, house Pickles, Mango Chutney Mayo & sweet Potato Fries
€13.50 (G, E, Su)

Homemade Vegetarian Quiche
Free range egg quiche prepared daily served with a generous house salad
€12.50 (E, G, M)

Crispy Malaysian Chicken Noodles
Malaysian style Chicken Noodles & stir fried Vegetables, garnished with crunchy Cashews & toasted Seeds
€13.50 (E, G, Su, M, N)

Grilled Salmon Fillet Pasta
served on a Creamy Lemon Spaghetti with garden Peas, Cherry Tomatoes & Parmesan
€15.00 (F, G, M)

Fish & Chips
Delicious Fillet of “Marys of Galway” Fish in a crispy Galway Hooker Ale Batter & Barracks Tartar sauce
€15.00 (M, G, E, F)

Hearty Vegan Curry (V)
Healthy & hearty mild Vegetable curry served with a crisp Poppadum, Spinach, Cashews, Seeds & Basmati Rice
€12.50 (Su, N, Se)

EVENINGS @ THE OLD BARRACKS

Starters

Soup of the Day (V)
Hearty homemade Soup with Guinness Brown Bread
€6.50 (G, E, M, Cel, N)

The Old Barracks Seafood Chowder
Served with homemade Guinness Brown Bread
€7.50 (G, E, M, E)

Thai Style Fish Cake
Served with a crisp side Salad, Sweet Chilli sauce & Lime wedge
€9.95 (G, F, Su)

Homemade Spring Roll
Shredded Duck, Egg Noodle, crisp Veg with a Sesame, Soy & Sweet chilli Dip
€7.95 (G, Su)

BBQ slow Roasted Pork Belly
Served with a Kimchi Salad & Apple, Raisin Chutney
€9.00 (Su, G)

Tempura of Tiger Prawns
Tiger Prawns in a light crisp batter served with a Crisp Salad & spiced Mango Chutney Mayo
€9.00 (F, G)

Salads

Healthy Warm Lemon Chicken Salad
Grilled Lemon & Rosemary Chicken Fillet on a tossed Salad with roasted Sweet Potato, creamy Greek Feta, toasted cashews, mixed seeds & a Honey Mustard dressing
€11.95 (M, N, Se, Mu)

Pistachio Crusted Goats Cheese Salad (V)
Warm crusted Goats Cheese bon bons with dressed Salad, roasted Beetroot, Pear, Red Onion Jam & toasted Seeds
€11.95 (N, G, Se)

Starters

Soup of the Day (V)
Hearty homemade Soup with Guinness Brown Bread
€5.50 (G, E, M, Cel, N)

The Old Barracks Seafood Chowder
Served with homemade Guinness Brown Bread
€6.95 (G, F, M, E)

Thai Style Fish Cake
Served with a crisp side Salad, Sweet Chilli sauce & Lime wedge
€9.95 (G, F, Su)

Homemade Spring Roll
Shredded Duck, Egg Noodle, crisp Veg with a Sesame, Soy & Sweet chilli Dip
€7.00 (G, Su)

BBQ slow Roasted Pork Belly
Served with a Kimchi Salad & Apple, Raisin Chutney
€9.00 (Su, G)

Salads

Homemade Crunchy Falafel Salad (V)
with roasted Red Pepper Hummus, Beetroot, Sun dried Tomatoes, crisp mixed Salad, a balsalmic reduction served with toasted flatbreads
€11.95 (G, Se, Su)

Healthy Warm Lemon Chicken Salad
Grilled Lemon & Rosemary Chicken Fillet on a tossed Salad with roasted Sweet Potato, creamy Greek Feta, toasted cashews, mixed seeds & a Honey Mustard dressing
€11.95 (M, N, Se, Mu)

Pistachio Crusted Goats Cheese Salad (V):
Warm crusted Goats Cheese bon bons with dressed Salad, roasted Beetroot, Pear, Red Onion Jam & toasted Seeds
€11.95 (N, G, Se)

Mains

Steak of the Evening
Cooked to your liking, served with Chunky Fries, Battered Onion Rings, & your choice of Black Peppercorn Sauce or Garlic Butter
€27.00 (G,M)

Fish of the Evening
Please ask server for details

Crispy Malaysian Chicken Noodles
Malaysian style Chicken Noodles with stir fried Vegetables garnished with crunchy Cashews & toasted Seeds
€14.50 (E, G, Su, M, N)

Big Bacon Burger
Local Angus Beef patty on a sourdough bap with grilled Bacon, melted Cheddar, Lettuce, pickled Onion, Tomato, our secret sauce & Skinny Fries
€15.50 (G, M, E)

Buttermilk Chicken Burger
Cajun spiced buttermilk Chicken Breast on a sourdough bap with Lettuce, chipotle Mayo & skinny Fries
€14.50 (G, E, M, Su)

Pasta of The Evening
Topped with freshly shaved Parmesan and served with Garlic & Herb Focaccia
Ask your server for details
€14.50 (G, M)

Fish & Chips
Delicious Fillet of “Marys of Galway” Fish in a crispy Galway Hooker Ale Batter & Barracks Tartar sauce
€15.50 (M, G, E, F)

Hearty Vegan Curry (V)
Healthy & hearty mild Vegetable curry served with a crisp Poppadum, Spinach, Cashews, Seeds & Basmati Rice
€13.50 (Su, N, Se)

WEEKENDS @ THE OLD BARRACKS

Starters

Soup of the Day (V)
Hearty homemade Soup with Guinness Brown Bread
€5.50 (G, E, M, Cel, N)

The Old Barracks Seafood Chowder
Served with homemade Guinness Brown Bread
€6.95 (G, F, M, E)

Thai Style Fish Cake
Served with a crisp side Salad, Sweet Chilli sauce & Lime wedge
€9.95 (G, F, Su)

Homemade Spring Roll
Shredded Duck, Egg Noodle, crisp Veg with a Sesame, Soy & Sweet chilli Dip
€7.00 (G, Su)

BBQ slow Roasted Pork Belly
Served with a Kimchi Salad & Apple, Raisin Chutney
€9.00 (Su, G)

Salads

Homemade Crunchy Falafel Salad (V)
with roasted Red Pepper Hummus, Beetroot, Sun dried Tomatoes, crisp mixed Salad, a balsalmic reduction served with toasted flatbreads
€11.95 (G, Se, Su)

Healthy Warm Lemon Chicken Salad
Grilled Lemon & Rosemary Chicken Fillet on a tossed Salad with roasted Sweet Potato, creamy Greek Feta, toasted cashews, mixed seeds & a Honey Mustard dressing
€11.95 (M, N, Se, Mu)

Pistachio Crusted Goats Cheese Salad (V):
Warm crusted Goats Cheese bon bons with dressed Salad, roasted Beetroot, Pear, Red Onion Jam & toasted Seeds
€11.95 (N, G, Se)

Mains

Roast Topside of Castlemine Beef
served with creamy Mash, seasonal Vegetables, Yorkshire Pudding & red Wine Jus
€15.50

Roast of The Day
served with creamy Mash, seasonal Vegetables, & our famous Gravy
€14.50

Big Bacon Burger
Local Angus Beef patty on a sourdough bap with grilled Bacon, melted Cheddar, Lettuce, pickled Onion, Tomato, our secret sauce & Skinny Fries
€14.50 (G, M, E)

Buttermilk Chicken Burger
Cajun spiced buttermilk Chicken Breast on a sourdough bap with Lettuce, chipotle Mayo & skinny Fries
€13.50 (G, E, M, Su)

Grilled Salmon Fillet Pasta
served on a Creamy Lemon Spaghetti with garden Peas, Cherry Tomatoes & parmesan
€15 (F, G, M)

Fish & Chips
Delicious Fillet of “Marys of Galway” Fish in a crispy Galway Hooker Ale Batter & Barracks Tartar sauce
€15 (M, G, E, F)

Hearty Vegan Curry (V)
Healthy & hearty mild Vegetable curry served with a crisp Poppadum, Spinach, Cashews, Seeds & Basmati Rice
€12 (Su, N, Se)

Sides

Crispy Local Leaf Salad (Su) **€4.00**
Market Vegetables (Su) **€4.00**
Piri Piri Fries (G) **€4.50**
Skinny Fries (G) **€4.50**
Sweet Potato Fries (G) **€4.50**