

STARTER

HOMEMADE SOUP OF THE DAY

Our Own Freshly Baked Sourdough. Your server will inform you of today's soup
allergens are available on request

CASTLETOWNBERE SQUID CALAMARI

Chilli Butter *1,8,13*

HOMEMADE SKEAGHANORE DUCK LIVER PARFAIT

Sourdough Crutons, Cumberland Sauce, Pickled Cucumber *1,7,8,12*

LEAHY'S FARM LIMERICK GOATS CHEESE

Pickled Golden Beets, Rigneys Granola *1,2,8,9,12,14*

MAIN COURSES

LOCAL CHICKEN BREAST

Black Garlic, Ballyhoura Mushroom Sauce, Colcannon Potato *5,7,8,12*

ROAST RIB IRISH BEEF

Mashed Potato, Red Wine Jus, Yorkshire Pudding *1,5,8,12,14*

FILLET OF SALMON

Noodles, Pak Choi, Sesame, Wasabi, Yuso *1,5,8,10,12,13,14*

BALLYHOURA MOUNTAIN MUSHROOM & ASPARAGUS RISOTTO

Nameko, White Beech, Shitake, Pioppini, Micro Leaves *5,8,12*

ALL MAIN COURSES ARE SERVED WITH SEASONAL VEGETABLES & CHEF'S POTATO DISH

As we are handling multiple food allergen ingredients within our kitchens, we make every effort to prevent a possible 'cross-over' during preparation & service, however can not guarantee complete absence of traces of other Food Allergens or the presence of possible airborne allergens. Should you suffer from a SEVERE Food Allergy, please make this known to us and we will discuss further requirements to accommodate your needs.



(V) = Vegetarian

= Plant Based (vegan)

(NG) = No Added Gluten

SIDES

WHILE ALL OF OUR MAIN COURSES COME FULLY GARNISHED YOU MIGHT LIKE TO ADD A SIDE DISH

ROOSTER CHIPS *1,3*
MASHED POTATO *8,12*
SAUTEED MUSHROOMS *3,8*
SAUTEED ONIONS *3,8*
STEAMED VEGETABLES *8*
SUMMER SALAD *3,12,14*

3.75
each

DESSERT

ATTYFLIN ESTATE APPLE TART

Custard, Vanilla Ice Cream *1,7,8*

CHOCOLATE MARQUISE

Hazelnut Praline *1,7,8,9*

OREO CHEESECAKE

Toffee Sauce *1,7,8,12*

ALMOND GATEAU

Almond Dacquoise, Layered with Butter Cream *7,8,9* (NG)

FRESH FRUIT SALAD

SELECTION OF ICE CREAMS *1,7,8,9*

SUNDAY LUNCH
26.50 PER ADULT

INCLUDING GLASS OF BUBBLY ON ARRIVAL

"YOU ARE IN SAFE HANDS AT THE STRAND"

*To view our full COVID 19 guidelines
Please visit - strandlimerick.ie*

