

## FOAM LUNCH ( 12-3:30 )

### Sandwiches

Open Homemade Hummus w/ roast pepper & avocado on <i>Firehouse</i> buttermilk bread (1a,7,11)	6.5
Toasted Special w/ Ham, Cheese, Tomato & Onion on <i>Firehouse</i> sourdough(1a,7)	7.5
Lemon sliced chicken w/ tomato, lettuce & spicy mayo on <i>Firehouse</i> sourdough bread (1a,3,7)	7.5
Open Baked Salmon sandwich w/ sour cream and chives, avocado and tomato salsa served on soda spelt bread (1a,4,7,11)	8

### SIDES

*soup* +3.5      *side salad* + 2      *roasted baby potatoes* + 3

### Salads

Vietnamese Chicken Salad, Chinese cabbage, carrot, coriander & coconut dressing (2,4)	10
Foam Veggie Buster Salad, green vegetables, avocado, carrot, cherry tomato, berries and vinaigrette (9) - <i>Unit 1 favourite!</i> -	10
Black Pudding Salad, mix leaves, capers, shallots, potatoes & caramelised apple mustard dressing (1,10)	10



### **Bites Big & Small**

Soup and Soda Bread (1a)	5
Quiche of the Week (1a,3,7)	8
Red Onion & Goats Cheese Tart w/ mixed leaves (3,7,12)	8
Homemade Sausage Roll w/ Side Salad & Relish (1a,3,7,10)	7.5

### Foam Daily Special

ask your server!

### AFTERNOON TREATS

Almond /Blueberry <b>Croissants</b> (1a,3,7,8a)	2.5
<b>Scones</b> w/butter & homemade preserves (1a,3,7)	2.8
Homemade <b>Banana Bread</b> (1a,3,7,8b)	3
<b>Smoothie</b> of the day	3
Foam flourless Chocolate <b>Brownie</b> served warm w/ice-cream (3,7)	3.8

## HOT DRINKS

### Fixx Coffee - 100% Arabica - House Coffee

Skilful blend of Sumatran, Ethiopian & Brazilian beans

### Single Origin Speciality- Guest Roaster

Ask your server about our latest offering

	House Coffee	Guest Coffee
Espresso	2.5	3
Americano	2.6R / 2.8L	3R / 3.3L
Macchiato/Cortado	2.7R	3.5
Cappuccino, Latte & Flat White	3R / 3.3L	3.5
Mocha	3.60R	-
Hot Chocolate w/chocolate buttons	3.60R	-

*add Oat or Coconut milk +50c*

### Niks loose leaf Tea in a Pot

Traditional Irish Tea	2.8
Berry Treasure (hibiscus blossoms, red berries & apple bits)	3
Earl Grey 1834	3
Dragon of Fortune (Green T w/ Raspberry & Elderflower)	3
After Dinner Mint Choc (rooibos w/ hazelnuts)	3
Organic Peppermint	3

## COOL DRINKS

Iced Coffee	2.5
Iced Latte	3.5
Still/Sparkling Water	2
Coca Cola	2
Kids Juices	2
Foam Smoothie of the day	3
Cold Brew Coffee	3.5



### Allergen information - if in doubt, talk to any member of our team.

(1a) Wheat Gluten (1b) Oat Gluten (1c) Barley Gluten (2) Crustaceans (3) Eggs (4) Fish (5) Peanuts (6) Soybeans (7) Milk (8a) Almonds (8b) Walnuts (9) Celery (10) Mustard (11) Sesame seeds (12) Sulphites (13) Lupin (14) Molluscs

*with Love,  
Foam Coffeehouse & Kitchen*