

Gourmet Sandwiches Wraps Panini's you choose.....

Thanksgiving Sub turkey breast, herb stuffing, smoked bacon bits, melted mozzarella, cranberry relish ...€8.25 agf 1,14

Gourmet Beef warm Angus beef, sautéed onions & peppers, emmental cheese, dill pickle, house relish €8.95 agf 1,7,10,14

Falafel Wrap falafel, salsa, spinach peppers onions , mint yogurt dressing in a toasted wrap €7.95 v

Honey infused Irish Goats Cheese hummus, toasted walnuts, baby leaves, roasted red peppers, onion jam €8.50.. agf /v 1,7

Gourmet Ham honey glazed Limerick ham, vine tomatoes vintage cheddar & seasonal homemade chutney €7.95 ...agf 1,7,10,14

Chicken Caesar – chicken, bacon lardons seasonal leaves, herb croutons, shaved parmesan, with Caesar dressing €8.25.....agf 4,7,10,14

Cajun Chicken pineapple, red onion, garlic mayonnaise, red cheddar €8.25agf 1, 14

Skipjack Tuna mixed peppers, red onion, sweet corn, red cheddar, garlic mayo, baby leaves €7.95..agf /v 1,4

Create your own Sandwich.....Priced accordingly

Add cup soup or chips for only.....€2

Gourmet sandwiches, wraps and Panini are served with butter, mayonnaise & side salad

Salads

House Salad warm spiced chicken, smoked bacon lardons, sautéed baby potatoes tossed through baby leaves with peppers, tomatoes, onions and our house dressing topped with garlic mayo Med €8.50 Lrg €10 (1 3 10 14)

Marinated Irish Angus Beef strips warmed in the oven with roasted sweet potato ,dried cranberries, walnuts, red onion, mixed peppers, crisp leaves & a French dressing Med €9.00 Lrg €10.50gf (agf 8,10,14)

Caesar - seasonal leaves, herb croutons, shaved parmesan, crispy bacon, Caesar dressing (with chicken +€2) Med €6.95 Lrg €8.45 ..agf 4,7,10,14

Roast Veg Salad oven roasted veg, quinoa, mixed nuts & seeds, baby leaves with house balsamic dressing Med €8.25 Lrg €9.75...(gf/v5,8,11)v

Goats Cheese honey infused grilled Irish goat's cheese, organic quinoa, beetroot, roast peppers, toasted walnuts, rocket, baby spinach, aged honeyed balsamic & olive oil dressing Med €8.25 Lrg €9.75 (agf /v 7,10,11)

Hot Offerings

Soup of Day with brown soda €4.50

Real Chicken Goujon's, chicken fillet strips coated in a pinhead crumb, served with garlic mayo, sweet chilli sauce, salad and fries €9.95...1,3,7,14

Or as a **Burger** in a brioche bun with garlic mayo, salad, bacon and Swiss cheese €10.95 1,3,7,14

Falafel served with warm pitta bread, mixed salad and a spicy tomato relish served with choice of side €9.95 1,11,14

Fish & Chips battered daily catch home cut chips, salad & tartar sauce €11.50 1,4,6,14

Baked Potato filled with tuna, spring onion , corn & red cheddar **OR** bacon lardons and melted Irish cheddar €6.95 4,14

Check out our Daily Chefs Specials

Sides Sweet potato fries €3.95 Wedges €2.95 Roast Vegetables €2.95 Coleslaw €1.50 Hummus €1.50 Sautéed baby potatoes €2.95

Please Advise Staff If You Have Any Allergies gf -gluten free agf- available gluten free vt- suitable for vegetarians vg -vegan

