

# *Stoop Your Head*

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*seafood restaurant & bar*



*Menu*

## STARTERS

<b>Garlic Bread (V)</b>	<b>€4.50</b>
<b>Garlic Bread with Cheese (V)</b>	<b>€4.90</b>
<b>Paté Maison</b> <i>Homemade chicken liver Paté, flavoured with herbs and Cognac, served with Cumberland Sauce and Garlic Bread.</i>	<b>€8.50</b>
<b>Salt and Chilli Calamari</b> <i>Flash fried crispy squid, dressed with chilli, sea salt and soy, with citrus garlic mayonnaise and fresh lime.</i>	<b>€7.50</b>
<b>Chicken Wings (G/F)</b> <i>Crispy chicken wings with our hot and spicy sauce, served with celery and blue cheese dip.</i>	<b>€7.90</b>
<b>Baked Goats Cheese</b> <i>Warm Goats Cheese topped with crispy Parma ham, red onion chilli jam, balsamic glaze and rocket.</i>	<b>€8.50</b>
<b>Moules Marinière</b> <i>Our classic Moules Marinière, cooked with white wine, shallots and garlic, finished with cream and parsley and served with brown bread.</i>	<b>€8.90</b>

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## SOUPS

<b>Homemade Soup of the Day</b> <i>Served with Brown Bread.</i>	<b>€4.50</b>
<b>Homemade Seafood Chowder</b> <i>Served with lemon and Brown Bread.</i>	<b>€7.50</b>

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## OPEN SANDWICHES ON BROWN BREAD

<b>Rockabill Crab</b>	<b>€13.90</b>
<b>Dublin Bay Prawn Marie Rose</b>	<b>€16.90</b>
<b>Smoked Salmon with Capers</b>	<b>€9.90</b>
<b>Mixed trio of crab, prawns and smoked salmon</b>	<b>€14.90</b>

*Gluten free option available, please ask your server.*

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*V - Vegetarian G/F - Gluten Free Gluten free bread available on request. For a complete list of allergens, please ask your server.*



***We only use Irish Fillet Steak • All our meat is fully traceable from farm to fork • Doyle Meats, Coolock  
We only use Free-Range Chicken and Eggs • Seafood Circle Member***

## MAIN COURSES: FISH

<b>Seabass a la Meunière</b> <i>Panfried fillets of Seabass, finished with a classic browned lemon, parsley butter and flaked almonds.</i>	<b>€17.90</b>
<b>Seafood Chowder</b> <i>A large bowl of our Seafood Chowder, cooked with a selection of fresh and smoked seafood, served with brown bread.</i>	<b>€14.90</b>
<b>Fish Pie</b> <i>Salmon, Cod and Haddock, topped with a leek, white wine and cheddar cheese sauce, baked with a citrus herb crust, accompanied with your choice of French fries, baby new potatoes, savoury potatoes or creamy mashed potatoes.</i>	<b>€16.90</b>
<b>Tiger Prawn Tempura</b> <i>Deep fried Tiger Prawns in a crispy Tempura batter, with toasted sesame seeds and sweet chilli sauce, accompanied with your choice of French fries, baby new potatoes, savoury potatoes or creamy mashed potatoes.</i>	<b>€17.90</b>
<b>Moules Fritté</b> <i>Our classic Moules Marinière, cooked with white wine, shallots and garlic, finished with cream and parsley, served with French fries.</i>	<b>€16.90</b>
<b>Fresh Cod Fritté</b> <i>Strips of fresh North Atlantic Cod, seasoned and coated in a light beer batter and deep fried. Served with homemade Tartar sauce and balsamic dressed mixed leaf garnish, accompanied with your choice of French fries, baby new potatoes, savoury potatoes or creamy mashed potatoes.</i>	<b>€16.90</b>
<b>Dublin Bay Prawns in Garlic Butter</b> <i>Served with balsamic dressed mixed lettuce and brown bread.</i>	<b>€24.90</b>
<b>Dublin Bay Prawns and Rockabill Crab Claws in Garlic Butter</b> <i>Served with balsamic dressed mixed lettuce and brown bread.</i>	<b>€22.90</b>
<b>Rockabill Crab Claws in Garlic Butter</b> <i>Served with balsamic dressed mixed lettuce and brown bread.</i>	<b>€21.90</b>
<b>Cod Florentine</b> <i>Baked north Atlantic Cod with spinach and leeks, topped with white wine, Parmesan sauce and herb crust, accompanied with your choice of French fries, baby new potatoes, savoury potatoes or creamy mashed potatoes.</i>	<b>€17.50</b>

## STEAKS

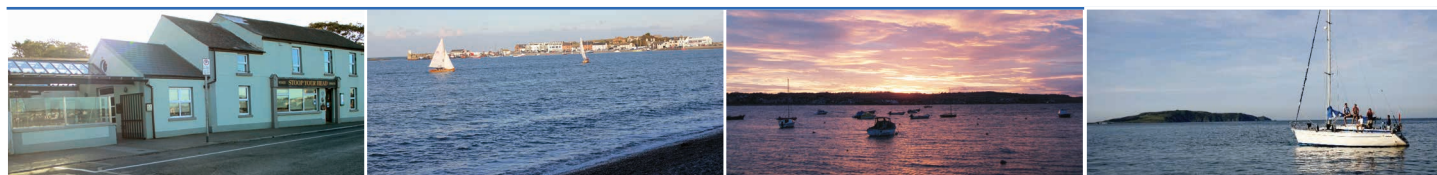
*Our steaks are cooked to your liking and served with sauté onions and mushrooms, crispy leeks, a choice of French fries, baby new potatoes, savoury potatoes or creamy mashed potatoes and a green peppercorn brandy sauce.*

<b>10oz Rib Eye Steak (G/F)</b>	<b>€23.90</b>
<b>Medallions of Irish Fillet Steak (G/F)</b>	<b>€26.90</b>

MAIN COURSES CONTINUED 

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*Please allow sufficient time as all food is prepared and cooked to order. Specials Available Daily - See Board  
Sorry but we do not provide split bills - one bill per table*

## MEAT, SALADS AND PASTA DISHES

### **Chicken and chorizo Jambalaya**

€16.90

*A Cajun inspired rice dish, with spanish chorizo, chicken, sweet peppers, creole spices and oregano.*

### **Squash and Spinach Fusilli (V)**

€14.90

*Baked pasta dish with roast butternut squash, fusilli pasta and baby spinach, with sunblushed tomato pesto cream and gruyère cheese crust.*

### **Warm Goats Cheese Salad (V)**

€14.90

*Grilled goats cheese with a tossed tomato, onion salad, drizzled with honey grain mustard dressing balsamic reduction, crispy leeks and toasted almonds, accompanied with your choice of French fries, baby new potatoes, savoury potatoes or creamy mashed potatoes.*

### **Asian Chicken Salad**

€15.90

*Sliced chicken breast marinated in soy, sesame, ginger and coriander, with mixed lettuce, drizzled with a honey grain mustard dressing toasted almonds and crispy leeks, accompanied with your choice of French fries, baby new potatoes, savoury potatoes or creamy mashed potatoes.*

### **Beef Tapas**

€15.90

*Thinly sliced rump of beef, sautéed with smoked paprika, olive oil, garlic, tomato and spring onion. Served with garlic bread.*

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## SIDE ORDERS

### **Stoops House Salad**

€4.50

*Tossed salad of lettuce, tomato and red onion in a grain mustard vinaigrette.*

### **Baby New Potatoes**

€3.50

### **Panache of Vegetables**

€3.50

### **Creamy Mashed Potatoes**

€3.50

### **French Fries**

€3.50

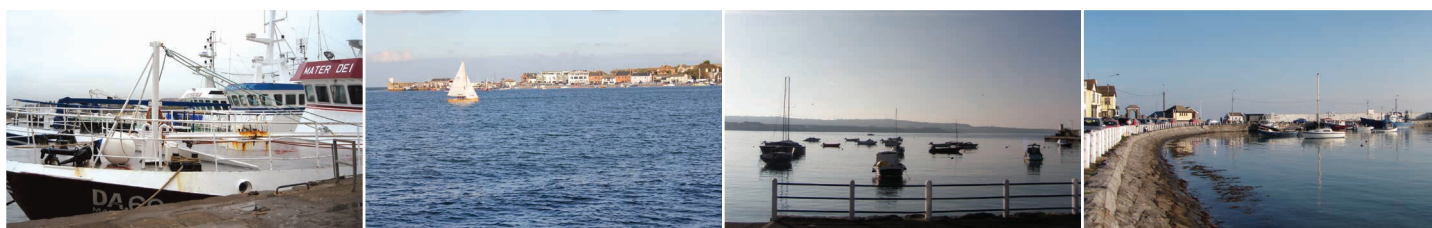
### **Savoury Potatoes**

€3.50

### **Sweet Potato Chips**

€4.50

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## **Stoop Your Head**

[www.stoopyourhead.ie](http://www.stoopyourhead.ie)

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