

The Pantry Cafe

Passionate about Food!

Breakfast Menu

Bakery Breakfast Buttermilk Fruit / Sweet / Brown Scones, Brown Health Loaf, Soda and Toast	€2.50
Scrumptious Flakey Sausage Roll Una's Sausage Meat with Fresh sage wrapped in a Flakey Pastry	€2.50
Pantry's Homemade Granola Served with Fruit, Compote and Yogurt	€4.80
Flahavan's Porridge Made with Half-Fat Milk and Honey	€3.80
Brioche French Toast Served with Maple Syrup	€5.80
Bacon Butty Toasted with Pantry Relish	€4.80

Kick Start Breakfast served from 8.00-11.30am

ALL KICK-START BREAKFASTS INCLUDE
TOAST OR BROWN BREAD AND HOT BEVERAGE

The Works Crowe's Bacon, Una's Sausages, Clonakilty Black Pudding, Fried Egg, Fried Potatoes and Buttery Mushrooms with Thyme	€9.95
The Mini Fried Egg, Crowe's Bacon, Una's Sausage and Clonakilty Black Pudding	€8.95
Grainne's Healthy Breakfast A) Crowe's Grilled Bacon, Grilled Tomato, 2 Poached Eggs and Baked Beans B) Scrambled Eggs (contains 3 eggs) with Daly's Smoked Salmon and Fresh Herbs C) 3 Egg Omllette with Cheese, Tomato, Mushroom, Onion & Fresh Herbs	€9.95
Veggie Sunrise Scrambled Eggs, Grilled Tomato, Buttery Mushrooms with Thyme, Fried Potatoes	€9.95
Buttermilk Pancakes with Crispy Bacon and Maple Syrup	€9.95

Side Orders

Daly's Smoked Salmon	€2.50
Crowe's Grilled Bacon	€2.00
Una Dwyer Sausage	€1.70
Clonakilty Black Pudding	€1.70



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Juices

Morning Boost	Orange, Apple, Pineapple	€3.50
Bug Lightyear	Orange, Apple, Ginger, Lime	
Karmine Fresh Apple Juice		€2.50

Smoothies

€3.95

Strawberry Gold	Strawberry, Banana, Low-Fat Yogurt, Fresh OJ ... Tipperary Honey Option	
Ruby Raspberry	Raspberry, Banana, Low-Fat Yogurt, Fresh OJ ... Tipperary Honey Option	
Berry Fusion	Blackberry, Blueberry, Raspberry, Blackcurrant, Redcurrant, Strawberry, Banana, Fresh OJ & Natural Yogurt ... Tipperary Honey Option	
Skinny Cow	Organic Yogurt, Muesli, Banana, Low Fat Milk & Tipperary Honey	
Truly Scrumptious	Pineapple, Banana, Fresh OJ, Lime Juice, Low-Fat Yogurt ... Coconut Option	

Coffees

Italian Espresso	A short intensely flavoured coffee to kick-start a great day	€2.40
Cappuccino	A chance for your favourite barista to show off	€2.70
Americano	Linger over a longer lighter espresso	€2.40
Caffe Mocha	French chocolate conspires with Italian coffee to seduce your palate	€2.90
Viennese Cappuccino	We take the decadence of Caffe Mocha & cap it with cream	€2.90
Caffe Latte	An Irish Italian marriage made in heaven	€2.70
Apres Ski (Hot Chocolate)	A hot alpine chocolate, laced with a subtle hint of hazelnut	€2.90

Teas

House Tea (Tea Bag)	€1.90
Speciality Teas (Loose Tea Leaves)	€2.30
Earl Grey Blue, China Yunnan Green, Butterfly Touch, Cherries in Rum, Zen-Zi, Breakfast Tea	