

The Pantry Cafe

Passionate about Food!

In The Soup

€4.90

Chef's Inspiration

See board for details – Coeliac Friendly

Fresh home-made Tomato & Basil (V)

*Soups served with your choice of Ciabatta Crusty Roll,
Home-made Brown Bread, Gluten free Bap or Garlic Bread*

Pasta

€12.00

Penne

Irish Chicken, Crispy Bacon, Sunblushed Tomatoes in White Wine Sauce

Served with Garlic Bread

Smaller portion for €10.00

Warm Salads

€12.00

Warm Oriental Chicken

Served on Baby Leaves, Beansprouts, Sun-blushed Tomatoes, Roasted Pepper, Red Onion and Pantry's Homemade Satay sauce

Salmon Fishcakes

(Fresh Salmon, Local Herbs, Scallion Champ in a Light Golden Breadcrumb) served with Thai Chilli Dressing & House Fries – Choose 2 Salads from our Deli Bar

Parmesan Chicken Goujons

with Pantry's Mango Chutney

(served with a Selection of Fresh Salads from our Deli Bar)

Quiche of the Day

(served with a Selection of Fresh Salads from our Deli Bar)

Cold Plates

€12.00

A Selection of Fresh salads from The Deli Bar with a Choice of:

Roast Breast of Turkey with Fresh Herb Stuffing & Pantry's Spiced Cranberry Sauce

Crowe's Baked Ham with Pantry's Dijon Sauce

Daly's Smoked Salmon with Pantry's Dill & Lemon Dressing

Sides

Large Portion of House Fries with maldon sea salt flakes €4.35

Choice of 2 Salads from the Deli Bar €3.60

All Poultry is of Irish Origin - All Fish is from Daly's of Cahirciveen

All Cheeses are sourced from Irish Artisan producers

All Pork and Bacon is of Artisan Origin, 100% Natural, Crowe's Farm Dundrum, Co. Tipperary



The Hot Belly Experience

€6.80

*All sandwiches are made to order and served warm
on fresh ciabatta roll with Pantry's Dijon sauce
Add a Small Salad or House Fries for €9.00*

Turkey:	Turkey Breast, Mature Cheddar, Fresh Stuffing & Pantry's Spiced Cranberry Sauce	
Tuna Melt:	Tuna, Mature Cheddar, Red Onion & Mango Chutney	
BBQ Chicken:	Roast Breast of Irish Chicken with Cooleeney Camembert Cheese & BBQ Sauce	
The Italian Job:	Parma Ham, Peppered Salami, Mozzarella, Pantry Basil Pesto & Sun Blushed Tomato	
Bacon & Egg Butty:	Back Bacon, Two Free Range Fried Eggs, cooked to your liking with House Relish	
Veggie (V):	Roasted Vegetables, Sun Dried Tomato & Ardsallagh Goats Cheese	
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Classic Caesar Wrap:	Irish Chicken, Crispy Bacon, Cos & Pantry's Caesar Dressing	€6.80
Gourmet Sambo:	Meat Salad Sandwich or Toastie or B.L.T. All made on Quigley Fresh Loaf served with Cappuccino Cup of Soup & Hot Beverage of your choice	€10.00

Juices

Morning Boost	Orange, Apple, Pineapple	€3.50
Bug Lightyear	Orange, Apple, Ginger, Lime	
Karmine Fresh Apple Juice		€2.50

Smoothies

€3.95

Strawberry Gold	Strawberry, Banana, Low-Fat Yogurt, Fresh OJ ... Tipperary Honey Option	
Ruby Raspberry	Raspberry, Banana, Low-Fat Yogurt, Fresh OJ ... Tipperary Honey Option	
Berry Fusion	Blackberry, Blueberry, Raspberry, Redcurrant, Blackcurrant, Strawberry, Banana, Fresh OJ & Natural Yogurt ... Tipperary Honey Option	
Skinny Cow	Organic Yogurt, Muesli, Banana, Low Fat Milk & Tipperary Honey	
Truly Scrumptous	Pineapple, Banana, Fresh OJ, Lime Juice, Low-Fat Yogurt ... Coconut Option	

Coffees

Italian Espresso	A short intensely flavoured coffee to kick-start a great day	€2.40
Cappuccino	A chance for your favourite barista to show off	€2.70
Americano	Linger over a longer lighter espresso	€2.40
Caffe Mocha	French chocolate conspires with Italian coffee to seduce your palate	€2.90
Viennese Cappuccino	We take the decadence of Caffe Mocha & cap it with cream	€2.90
Caffe Latte	An Irish Italian marriage made in heaven	€2.70
Apres Ski (Hot Chocolate)	A hot alpine chocolate, with a subtle hint of hazelnut	€2.90

Teas

House Tea (Tea Bag)	€1.90
Speciality Teas (Loose Tea Leaves)	€2.30
Earl Grey Blue, China Yunnan Green, Butterfly Touch, Cherries in Rum, Zen-Zi, Breakfast Tea	