



BREAKFAST MENU

"Happiness depends on a leisurely breakfast" **John Gunther**

TIMES: **MONDAY - FRIDAY** **7.30AM - 10.30AM**
 SATURDAY - SUNDAY **8.00AM - 11.00AM**

**IF YOU WOULD LIKE A LIE IN WE ARE HAPPY TO SERVE YOU BREAKFAST
FROM THE LOUNGE MENU TILL 1P.M.**

FROM THE BUFFET

Orange Juice, Apple juice, Cranberry Juice
Spring Water
Selection of Fruit
Grapefruit Segments
Selection of Yogurts

IN HOUSE BAKERY

Walnut and Guinness Bread
Homemade Brown Bread
Croissants, Pain Au Chocolate,
Danish Pastries & Muffins
Coeliac Bread – as requested

SELECTION OF CEREALS

Muesli, Weetabix,
Cornflakes, Rice Krispies
Warmed Milk available if desired.

COOKED FRESH BREAKFAST

Your Breakfast Your Way!

Design your own poach it, grilled it, fry it, sunny side, easy over, you choose and we will cook it just as you like it.

Erris Full Irish Breakfast

Sausage, Rasher, Potato Cake, Pudding, Egg, Mushrooms, Tomato and Beans.

Veggie Break

Veggie Sausages, Potato Cake, Egg, Mushrooms, Tomato, Beans

French Toast with Crispy Bacon

Eggs Benedict on White Soda Bread

Eggs Benedict, Smoked Salmon and Rocket

Scrambled Egg and Toast

Soft Boiled Duck Egg with Mushroom Soldiers

Oatmeal Porridge

Caricature Plate

Kippers with Guinness Bread

Poached Egg on top if desired.

Stack of Buttermilk Pancakes

with Crispy Bacon and Maple Syrup



Hot Beverage

Freshly Roasted Coffee

Decaffeinated Coffee

Irish Breakfast Tea

Herbal Tea Infusions

Our Eggs are so local and fresh that the Ducks have been known to walk the corridors, but following a stern talking they promise to stick to laying your eggs..... mind you the hens have made no such promises!

