

# Welcome to the River Bank Restaurant



	Early Bird	
<b>Monday- Saturday</b>		<b>17.00 - 19.00</b>
<b>2 courses</b>		<b>€19.00</b>
<b>3 courses</b>		<b>€22.50</b>
	<b>A Lá Carte</b>	
<b>Monday- Saturday</b>		<b>17.00 - 22.00</b>
	<b>T.D.H Menu</b>	
<b>Monday- Saturday</b>		<b>17.00 - 22.00</b>
<b>3 courses</b>		<b>€34.95</b>
	<b>Sunday Lunch</b>	
<b>Sunday</b>		<b>13.00 - 21.00</b>
<b>2 courses</b>		<b>€19.00</b>
<b>3 courses</b>		<b>€22.50</b>

**All our menus cater for Healthy - Vegetarian- Gluten Free Options**

**All our beef products are certified of Irish origin**



## A LÁ CARTE MENU

### Starter



**Sautéed Tiger Prawns and Chorizo with Linguini,**  
Smoked Applewood and Dill Cream  
€9.50

**Serrano Ham with Honey,**  
Black Pepper, Thyme, Goats Cheese and  
Toasted Focaccia  
€6.95

**Roast Yellow Pepper Soup**  
with Chilli Crème Fraiche (gf) (v)  
€5.00

**Marinated Roast Chicken Salad,**  
Toasted Pumpkin Seeds, Herb Croutons, Crisp Streaky Bacon, Parmesan Shavings, Caesar Dressing  
\*€7.95 (sm) \* €14.95 (lg)

**Riverbank Chowder,**  
Chive & Spring Onion Rösti (gf)  
€6.00

**Asparagus, Avocado and Baby Spinach Salad,**  
Lemon Dressing (gf) (v)   
Calories 281 Fat 25.2g Carbs 14.9g Protein 5.9g  
€6.95

**Yellowfin Tuna Niçoise Salad,**  
Anchovy Dressing, Soft Boiled Hens Egg (gf)   
Calories 344 Fat 10.1g Carbs 26.1g Protein 38g  
€8.50

 Healthy option (gf) Gluten Free (v) Vegetarian



RESTAURANTS  
ASSOCIATION  
OF IRELAND

All prices in Euros, service charge excluded. Food VAT at 9 % and Beverages VAT at 23%  
For those with special dietary requirements or allergies who may wish to know about the food ingredients used,  
Please ask your server

## Main Course



**Riverbank Aromatic Boneless Silverhill Duckling,**  
Apple and Swede Puree, Plum and Ginger Sauce (gf)  
€19.95

**Pea, Spinach and Butternut Squash Risotto,**  
Parmesan and Horseradish (v)  
€14.50

**10oz Irish Sirloin Steak,**  
Chilli Onion Rings, Hand Cut Chips  
with either Garlic Butter, Peppercorn or Béarnaise Sauce  
€23.50

**8oz Hereford Fillet Steak,**  
Chilli Onion Rings, Hand Cut Chips  
with either Garlic Butter, Peppercorn or Béarnaise Sauce  
€28.00

**Pan Seared Fillet of Seabass,**  
Vine-Ripe Tomato, Curried Mayo, Fennel, Ginger & Scallion (gf)  
€20.95

**Pot Roast Rump of Slaney Lamb,**  
Aubergine Puree, Rosemary Rice, Red Wine Jus (gf)  
€21.50

**Whole Seabream,**  
with Brown Rice, Soy & Chilli (gf) 🍷  
Calories 453 Fat 16.4g Carbs 35.1g Protein 65.5g  
€17.95

**Breast of Glin Valley Chicken,**  
served warm with Natural Yoghurt and Steamed Fine Beans (gf) 🍷  
Calories 384 Fat 16.2g Carbs 23g Protein 32.7g  
€15.95

All our meat is certified 100% Irish

🍷 **Healthy option (gf) Gluten Free (v) Vegetarian**



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## SIDE DISHES



Creamy Mash,  
Our Hand Cut Chips,  
Steamed Vegetables,  
Mix Leaf Salad,  
Skinny Fries,  
Pan Fried Onions  
Pan Fried Mushroom  
€ 3.50

## DESSERTS




**Courtyard Sticky Toffee Pudding**, Warm Butterscotch Sauce


**Classic crème Brulee**, Raspberry and Mint Salad (gf)

**Lemon Tart**, Lemon Curd, Yellowman

**Essence Cappuccino Mousse**, Coffee Tuille

**Selection of Irish Cheese**, Homemade Chutney and Crackers  
(€ 3.00 Supplement on Cheese board)

**4 Shot Sorbet** (Lemon, Champagne, Raspberry, Blackcurrant) (gf)   
Calories 95 Fat 0.5g Carbs 53g Protein 4.65g

**Fresh Fruit Salad**, Natural Yoghurt (gf)   
Calories 95 Fat 0.5g Carbs 53g Protein 4.65g

€4.95

**All our desserts are homemade**

 **Healthy option (gf) Gluten Free (v) Vegetarian**



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## AFTER DINNER DRINKS



### Tea & Coffee

Irish Breakfast Tea	€2.50
Tea Selection:	€3.00
(Earl Grey, Green, Peppermint, Lemon, Chamomile, Wild Berry, Lemon & Ginger, Decaf)	
Americano, Latté, Cappuccino, Mocha, Americana, Espresso, Machiato	€2.80
Hot Chocolate/ Ice Coffee	€3.00
Flavoured Ice Tea	€3.00

### Hot Drinks

Irish Coffee,	€6.00
Bailey's Coffee	€6.00
French Coffee	€6.00
Hot Whiskey	€5.40
After Eight Coffee	€5.40

### After Dinner Drinks

Scotch/Whiskey/Rum	€4.50
Cognac	€4.50
Port	€4.40
Brandy & Port	€6.00
Bailey's	€4.60

